

| | L / Mon | M / Tues | X / Weds | J / Thurs | V / Fri | S / Sat | D / Sun |
|-------|------------------------------------|-------------------|---------------|-----------|--------------------|------------------------------------|---------------------------------------|
| 09:00 | THERAPEUTIC YOGA TERAPEUTICO | | | | | THERAPEUTIC YOGA TERAPEUTICO | COMMUNITY BEACH YOGA YOGA PLAYA |
| 09:30 | | | YOGA POOLSIDE | | YOGA AIRE LIBRE | | |
| 10:00 | MASSAGE MASAJE | HATHA | MEDITATION | HATHA | | YIN | |
| 11:00 | MASSAGE MASAJE | | | | | MASSAGE MASAJE | KUNDALINI ACTIVATION KAE |
| 17:30 | MASSAGE MASAJE | YIN | | | | MASSAGE MASAJE | REBIRTHING BREATH WORK |
| 18:00 | HATHA | | | YIN | | MASSAGE MASAJE | |
| 19:00 | | KUNDALINI YOGA | HATHA FLOW | | | | |
| 19:30 | YIN YANG | | | YIN YANG | | | |



Please book all in advance / Por favor, reservar todo con antelación / Veuillez tout réserver à l'avance

625 432 159

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